

Children's Worlds National Report

RUSSIAN FEDERATION



Zhanna Bruk

Tyumen State University, Tyumen

1. Introduction

Context and population

Population

The population of Russia is **146 880 432** people (2018). The base for the study was the Urals Federal District – the West Siberia, the survey was held in Tyumen region. The population of Tyumen region – **3 723 984** people (2019). The population density is 2.54 people / km² (2019). Urban population - 79.97% (2018).

Geography

Russia is on the first place in terms of area among all countries of the world (**17 100 000** square km), it occupies 1/9 of all the land of the globe. By area, the Tyumen region (with the autonomous okrugs) is the largest region and occupies the 3rd place among all the constituent entities of the Russian Federation. The area of Tyumen Region is **1 435 000** square km. The Tyumen region includes three subjects: Khanty-Mansiysk Autonomous Area – Ugra and Yamalo-Nenets Autonomous District (North of the Tyumen region), South of Tyumen region. The region is located in the natural zones of the Arctic deserts, tundra, forest-tundra, taiga, mixed forests and forest-steppe. The region is characterized by severe climatic conditions, 90% of the territory is assigned to the Far North regions or equated to them. The climate is arctic, subarctic in the north and temperate in the center and south. The average January temperature ranges from -25°C in the Tyumen region to -47°C in the north. The frosty period lasts from 130 in Tyumen to 210 days a year or more in the tundra region.



Percentage of children

The grades	total number of children	Tyumen region			
		North of the Tyumen region		South of Tyumen region	Tyumen
		Khanty- Mansiysk Autonomous Area - Ugra	Yamalo-Nenets Autonomous District		
4 grade – 10 years old	51079	22389 – 43%	7512 – 14%	11813 – 23%	9365-18%
	1000 -	- 430	- 140	- 230	- 180
6 grade – 12 years old	44561	20482 – 45%	6493 – 14%	9423 – 21%	8163-18%
	1000-	- 450	- 140	- 210	- 180

Religion

Almost all world religions are represented in the religious field of the Tyumen region - Christianity, Islam, Judaism. The Russian Orthodox Church is the largest and most influential religious organization in the region.

Ethnicity and ethnic/cultural groups

More than 20 nationalities live in the region. The most numerous are Russians - about 70%, Tatars - 7%, Ukrainians - about 5%. The remaining nationalities are less than 1% each. Indigenous peoples (aboriginal) - Nenets (in the okrugs), Khanty, Mansi (in the okrugs), Selkups (in the Yamal-Nenets Autonomous Okrug) (2065 people), Siberian Tatars.

Economic context

The main oil and gas region of Russia and one of the largest oil producing regions in the world is the Khanty-Mansi Autonomous Okrug - Ugra, which also occupies the 3rd place in the "ranking of the socio-economic situation of the regions of Russia" and the 2nd largest economy in Russia. In terms of industrial output, the region ranks first in Russia. The main industry is the fuel industry, which accounts for 86.4% of the region's industrial production. A significant part of the country's oil (64%) and gas (91%) is produced in the Khanty-Mansi Autonomous Okrug-Ugra and the Yamalo-Nenets Autonomous Okrug.

Any other important information

The capital of the region, the administrative center - the city of Tyumen for the third year is in a row ranks first in the ranking of quality of life. However, the city holds only eighth place in the country in terms of living standards. 85% of the population are satisfied with their life, 98% of the population consider their city ideal.

Sampling: Strategy and outcome

The current survey was conducted only in educational institutions of Tyumen region. Children from 24 schools (from 613 schools of the region) took part in the survey. Total number of children in 2018-2019 school-year in the Tyumen region is: 10 years old - 51079 children; 12 years old - 44561 children. The total sample amount is 1959 students.

Stratum 1 – geographical regions. The sample is continuous all subjects of the Tyumen region were involved in the study (Table 1).

The Tyumen region includes three subjects:

- Yamalo-Nenets Autonomous District (14% of 10 years old children, 14% of 12 years old children) - North of the Tyumen region;
- Khanty- Mansiysk Autonomous Area – Ugra (43% of 10 years old children, 45% of 12 years old children) - North of the Tyumen region,
- South of Tyumen region (23% of 10 years old children, 21% of 12 years old children),
- Tyumen – the capital of the region (18% of 10 years old children, 18% of 12 years old children).

Stratum 2 - types of areas – urban and rural areas - calculated the proportion of the population. Within the region: urban area - the largest cities of each territory were chosen, in rural areas – randomly. The urban population of the region is about 80%, rural population - about 20%. About 18% of the sample were children from 5 rural areas (Gaz-Sale, Tazovsky, Salym, Perevalovo, Vinzili),

82% - of the sample were children from urban area (9 cities – Ishim, Khanty-Mansiysk, Megion, Nadym, Nefteyugansk, Nizhnevartovsk, Surgut, Tobolsk, Tyumen).

Stratum 3 – gender. 10 years old children: 437 (45.9%) are boys, 516 (54.1%) are girls; 12 years old children: 478 (50.5%) are boys, 473 (49.7%) are girls. In the total sample of two age groups, boys make up 48.1% - 915, girls 51.9% - 989.

Stratum 4 – age: 10 years old - 953 children, 12 years old - 951 children. The survey of different age groups covers as a rule the same schools.

Table 1. Distribution of respondents by place of residence.

Geographical regions		Percent	Type of area
Yamalo-Nenets Autonomous District	Gaz-Sale	3.5	rural
	Tazovsky	2.9	rural
	Nadym	8.6	urban
Khanty- Mansiysk Autonomous Area - Ugra	Khanty-Mansiysk	14.2	urban
	Megion	7.9	urban
	Nefteyugansk	7.4	urban
	Nizhnevartovsk	11.1	urban
	Surgut	2.6	urban
	Salym	2.0	rural
	Perevalovo	4.7	rural
South of Tyumen region	Ishim	5.9	urban
	Tobolsk	6.3	urban
	Vinzili	4.5	rural
	Tyumen – the capital of the region	18.4	urban

2. Results

2.1 The participants

Table 2. Children`s gender by age (Numbers, (%))

	10 year-old	12 year-old	Total
Boy	437(45.9)	478(50.5)	915(48.1)
Girl	516(54.1)	473(49.7)	989(51.9)
Total	953(50.1)	951(49.9)	1904 (100)

10 years old children: 437 (45.9%) are boys, 516 (54.1%) are girls; 12 years old children: 478 (50.5%) are boys, 473 (49.7%) are girls. In the total sample of two age groups, boys make up 48.1% - 915, girls 51.9% - 989.

2.2 The home and the people children live with

Table 3. The home you live in (n=1904) (10 & 12 year old) (%)

I live with my family	97.3
I live in a foster home	0.6
I live in a children's home	0.1
I live in another type of home	2.0
Total	100.0

97.3% of children (10yo and 12yo) live with their families. 0.6% of children (10yo and 12yo) answered they live in a foster home. And 0.1% live in a children's home. 2.0% indicates to live in another type of home.

Table 4. Satisfaction with the people you live with (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
The people you live with	.4	.1	.6	1.1	1.2	3.9	3.6	5.0	9.0	15.2	60.0

89.2% of the 10 year olds and 12 year olds children give a 7 out of 10 or more on satisfaction with the people they live with. Thus the majority of children report to be very satisfied with the people they live with.

Table 5. Family experience. Variations in questions about home and family (means) (10 & 12 year old) (%)

	Family care	Family help problem	Good time together	Feel safe	Parents listen	Make joint decision
10 year-old	3.46	3.30	3.20	3.50	3.10	2.98
12 year-old	3.44	3.20	3.10	3.37	2.97	3.02
Total	3.46	3.25	3.15	3.44	3.04	3.00

The table shows the average indicators on a 4-point scale on the questions about home and family. All children feel safe at home and feel family care.

In general, 10-year-old children are a bit more positive about their family life than 12 year-old one. Both - 10 year old and 12 year old children - gave the lowest points for the statements: 'My parents listen to me and take what I say into account' (2.97 for 12 year olds and 3.10 for 10 year olds) and 'We make decisions about my life together with my parents' (3.02 for 12 year olds and 2.98 for 10 year olds).

2.3 The home where children live

Table 6. Satisfaction with the house or flat where you live (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
the house or flat where you live	.3	.4	.8	1.0	2.0	4.5	3.0	6.1	8.8	14.9	58.2

A majority of the children reports to be satisfied/very satisfied with the house they live in: 88% of the 10 and 12 year olds score a 7 out of 10 or more on the house they live in.

57.1% of the 10 year olds and 12 year olds sleeps in his/her own room. All the children - 100% - reports to have their own bed.

84% of the 10 year olds and 12 year olds report to have a quiet place to study in their home.

Table 7. Things you have (%)

Whether you have ...	10 & 12 year-old
Own room	57.1
Own bed	100.0
Place to study	84.0

2.4 Friends

Table 8. Satisfaction with your friends (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
Your friends	.8	.3	.5	.7	1.7	4.4	4.0	7.9	11.1	18.7	49.9

Table 8 shows that 87.6% of the 10 and 12 year olds give a score of 7 out of 10 or more on satisfaction with friends; so they are satisfied/very satisfied with their friends.

Table 9. Friends (10 & 12 year old) (%)

	I do not agree	Agree a little bit	Agree somewhat	Agree a lot	Totally agree
I have enough friends	5.5	5.2	9.7	26.8	46.5
My friends are usually nice to me	3.1	5.9	13.5	31.5	40.7
Me and my friends get along well together	3.4	4.0	11.9	29.2	44.2
If I have a problem, I have a friend who will support me	4.3	7.8	13.0	23.8	42.7

Don'tknow:

I have enough friends – 6.2%

My friends are usually nice to me – 5.3%

Me and my friends get along well together – 7.2%

If I have a problem, I have a friend who will support me – 8.4%

73.3% children (totally) agree with the sentence 'I have enough friends', 72.2% - with the sentence 'My friends are usually nice to me'. Only 66.5% reports that they have a friend who

will support them if they have a problem. 12.1% of children that does not agree with these sentences.

2.5 School

Table 10. Satisfaction with school life (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
Life as a student	2.7	1.6	1.5	3.2	4.6	10.5	7.6	10.1	14.0	15.8	28.3
Things you have learned	1.2	.9	1.0	2.3	2.5	7.1	7.0	8.3	12.3	17.8	39.6
Other children in your class	2.4	2.0	1.9	4.1	5.3	9.7	6.6	10.1	9.1	13.9	34.8

The 10 year olds and 12 year olds scored a 7 out of 10 or more on every item: things learned at school (78%), life as a student (68.2%) and other children in their class (67.9%). So children rate school knowledge more highly than their life as a student and their classmates. Only 28.3% of children are very satisfied (a 10 out of 10) with their life as a student.

Table 11. School experience. Views about school (10 & 12 year old) (%)

	I do not agree	Agree a little bit	Agree somewhat	Agree a lot	Totally agree
My teachers care about me	8.9	12.1	20.8	25.6	25.8
If I have a problem at school, my teachers will help me	8.0	10.5	16.2	27.1	32.1
If I have a problem at school, other children will help me	9.6	10.4	18.7	27.5	25.5
There are a lot of arguments between children in my class	20.0	22.2	16.9	15.9	16.2
My teachers listen to me and take what I say into account	8.8	9.6	18.0	26.8	29.9
At school I have opportunities to make decisions about things that are important to me	11.4	12.2	17.6	24.2	26.6
I feel safe at school	7.4	7.5	12.1	23.1	42.2

Don't know:

My teachers care about me – 6.8%

If I have a problem at school, my teachers will help me – 6.0%

If I have a problem at school, other children will help me – 8.3%

There are a lot of arguments between children in my class – 8.8%

My teachers listen to me and take what I say into account – 6.9%

At school I have opportunities to make decisions about things that are important to me – 8.0%

I feel safe at school – 7.7%

From the sentences about family, friends and school, children are less positive about their school experience. Just over half of the children (totally) agrees with the sentences: 'my teachers care about me' (51.4%), 'if I have a problem at school, other children will help me' (53%), 'my teachers listen to me and take what I say into account' (56.7%) and 'if I have a problem at school, my teachers will help me' (59.2%). 65.3% of 10 year olds and 12 year olds feel safe at school. About one third of the children says that there are a lot of arguments between children in their class (32.1%).

Table 12. How often in the last month have you been... (10 & 12 year old) (%)

How often:	Never	Once	Two or 3 times	More than three times
Hit by other children in your school	55.5	17.2	9.8	10.6
Called unkind names by other children in your school	37.1	19.6	13.4	21.6
Left out by other children in your class	44.8	18.8	10.1	15.2

Don'tknow:

Called unkind names by other children in your school – 8.3%

Hit by other children in your school – 6.9%

Left out by other children in your class – 11.2%

The above table shows how children score their school bullying experience. 37.6% of children reports to be hit at least once in the last month, 54.6% say they have been called unkind names and 44.1% says they were left out at least once during the last month.

2.6 The area where children live

Table 13. Satisfaction with local area (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
The area where you live	1.5	1.1	1.3	1.2	1.5	5.5	4.6	6.9	12.5	18.3	45.7

83.4% 10 year olds and 12 year olds gives their local area a score of 7 out of 10 or more. But only 61.4% of them feel safe when they walk and 66% agree with the statement 'In my area, there are enough places to play and have a good time'.

Table 14. Views about local area (10 & 12 year old) (%)

In my area, I live in...	I do not agree	Agree a little bit	Agree somewhat	Agree a lot	Totally agree
I feel safe when I walk	6,2	10,6	15,1	24,4	37,0
There are enough places to play or to have a good time	7,8	7,8	9,9	21,2	44,8

Don'tknow:

I feel safe when I walk – 6.8%

There are enough places to play or to have a good time – 8.5%

2.7 Money and the things children have

Table 15. How often do you worry about how much money your family has? (10 & 12 year old) (%)

	10 year-old	12 year-old
	Percent / Valid Percent	Percent / Valid Percent
Never	57.4 / 61.9	37.2 / 45.3
Sometimes	21.9 / 23.6	22.2 / 27.0
Often	8.2 / 8.9	10.3 / 12.5
Always	5.2 / 5.6	12.5 / 15.3
Total	100.0	100.0

Don'tknow:

10 year-old – 7.3

12 year-old – 17.7

13.4% of 10 year old children and 22.8% of 12 year old children often or always worry about how much money their family has. 10-year-old children more positively assess the financial situation of their family: 57.4% of them never worry about how much money the family has.

Among the 10 and 12 year olds, 90.9% gives a score of 7 out of 10 or more on their satisfaction with the things they have.

Table 16. Satisfaction with all the things you have (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
all the things you have	.2	.2	.7	1.0	1.5	2.7	2.9	4.9	9.7	15.1	61.2

Table 17. Food to eat each day (10 & 12 year old) (%)

	10 year-old	12 year-old
	Percent / Valid Percent	Percent / Valid Percent
Never	2.8 / 2.9	1.3 / 1.5
Sometimes	5.1 / 5.2	5.0 / 5.4
Often	13.2 / 13.5	11.8 / 12.7
Always	76.3 / 78.3	74.6 / 80.4
Total	100.0	100.0

Don'tknow:

10 year-old – 2.6

12 year-old – 7.3

76.3% of 10 year old children and 74.6% of 12 year old children always have enough food to eat. 2.8% and 1.3% of them reports that they never have enough food.

Table 18. The things children have (10 & 12 year old) (%)

Which of the following do you have	10 year-old		12 year-old		Total	
	No	Yes	No	Yes	No	Yes
Clothes in good condition	1.4	98.6	2.3	97.7	1.8	98.1
Enough money for school trips and activities	16.0	84.0	11.0	89.0	13.5	86.4
Access to the Internet at home	7.0	93.0	5.7	94.3	6.3	93.6
The equipment/things you need for sports and hobbies	14.3	85.7	12.2	87.8	13.2	86.7
Pocket money/ money to spend on yourself	17.3	82.7	12.1	87.9	14.7	85.3
Two pairs of shoes	3.9	96.1	5.3	94.7	4.6	95.3
A mobile phone	5.3	94.7	6.3	93.7	5.8	94.1
The equipment/things you need for school	4.3	95.7	5.8	94.2	5.0	94.9

All children are quite optimistic and highly appreciated the things children have: clothes in good condition (98.1%), two pairs of shoes in good condition (95.3%), the things they need for school (94.9%), access to the internet at home (93.6%), things they need for sports and hobbies (86.7%), enough money for school trips and activities (86.4%).

94.1% of all children have mobile phone. 85.3% of the children have pocket money.

Material and economic circumstances SCALES

Scale A

Table 19. Does your home have (10 & 12 year old) (%)

Electricity	
All of the time	99.9
Some of the time	0
Not at all	.1
Running water	
Yes	94.4
No	2.2
Not sure	3.4
A toilet that flushes	
Yes	97.4
No	1.6
Not sure	1.0

About 95% of all children live in comfortable houses or flats which have: electricity all of the time (99.9%), running water (94.4%) and washing machine (94.6%), a toilet that flushes (97.4%). 4.5% of children have no bathroom in their home.

99.2% have a television and 97.7% a freezer at home.

50.9% of families own a car, 23% - two cars, 6.4% - three or more.

92.6% of families are provided with computers; 26% of children reports that they have two computers, 16.7% - more than two computers.

Table 20. Descriptive statistics on family's material possessions (10 & 12 year old) (%)

A computer (including laptops and tablets)	92.6
A television	99.2
A fridge/freezer	97.7
A radio	36.5
A telephone (landline or mobile)	95.2
A family car / van / motorbike / etc.	100

Scale B

Table 21. Descriptive statistics on material possessions (10 & 12 years-old) (%)

How many bathrooms are in your home?	
None	4.5
One	81.0
Two	12.2
More than two	2.4
Does your family own a car, van or truck?	
No	19.6
One	50.9
Two	23.0
Three or more	6.4
How many computers do your family own?	
None	11.2
One	46.1
Two	26.0
More than two	16.7
Does your home have a washing machine?	
No	5.4
Yes	94.6
Total	100.0

Table 22. Do you sleep in your own room? (10yo and 12yo) (%)

Do you sleep in your own room or do you share a room?	
I sleep in a room on my own	57.1
I sleep in a room that I share with other people	42.9

57.1% of all children sleep in their own room, 42.9% shares a room with other people.

Table 23. Family vacations (10yo and 12yo) (%)

In the last 12 months, how many times did you travel away on holiday with your family?

Not at all	20,4
Once	32,3
Twice	21,8
More than twice	25,5

20.4% of the children have not been on a vacation with their family during the last year. On the other hand, 25.5% of the children have been more than twice on a vacation and 21.8% - twice.

2.8 Time use

Table 24. Satisfaction with time use (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
How you use your time	.8	.5	.4	1.4	1.3	3.9	5.3	7.3	9.6	18.1	51.4

86.4% of the 10 and 12 year olds report to be (very) satisfied with the way they spend their time.

2.9 Subjective well-being: how children feel about their lives

OLS (Overall Subjective Well-Being)

Table 25. Satisfaction with life as a whole (10 & 12 year old) (%)

Satisfaction with ...	0	1	2	3	4	5	6	7	8	9	10
Your life as a whole	.8	.1	.2	1.1	1.3	3.5	2.3	5.0	10.0	15.4	60.2

Children were asked how satisfied they are with their life as a whole. 90.6% of the 10 year olds and 12 year olds scored a 7 out of 10 or more.

CW-SWBS (Children's Worlds Subjective Well-Being Scale) – 6 items measuring cognitive subjective well-being (Based on the Student Life Satisfaction Scale by Huebner, 1991)

Table 26. CW-SWBS items (10 & 12 year old) (%)

	0	1	2	3	4	5	6	7	8	9	10
I enjoy my life	1.3	.8	.6	2.5	2.6	5.2	5.0	5.7	10.0	15.7	50.6
My life is going well	1.1	.3	1.1	2.0	2.8	5.9	5.0	6.0	10.6	14.6	50.6
I have a good life	.9	.9	1.6	1.3	2.9	5.1	4.0	5.6	9.4	14.9	53.4
The things that happen in my life are excellent	1.8	1.2	1.8	2.8	2.9	5.5	3.8	6.0	9.8	16.3	48.1
I like my life	1.9	1.4	1.4	1.9	2.9	4.2	3.5	6.0	6.9	13.0	56.8
I am happy with my life	1.3	1.0	1.6	2.2	3.0	4.1	3.3	4.4	8.3	16.0	54.8

The 10 year olds and 12 year olds scored a 7 out of 10 or more on every item: I am happy with my life (83.5%), I have a good life (83.3%), I like my life (82.7%), I enjoy my life (82%).

So more than 80% of the children rate their cognitive subjective well-being high enough. About 50% of children are very satisfied (a 10 out of 10) with their life.

CW-DBSWBS (Children's Worlds Domain Based Subjective Well-Being Scale) - 5 items measuring domain based cognitive subjective well-being (based on the Brief Multidimensional Student Life Satisfaction Scale by Seligson, Huebner & Valois, 2003)

Table 27. CW- DBSWBS items (10 & 12 year old) (%)

Satisfaction with	0	1	2	3	4	5	6	7	8	9	10
The people you live with	.4	.1	.6	1.1	1.2	3.9	3.6	5.0	9.0	15.2	60.0
Your friends	.8	.3	.5	.7	1.7	4.4	4.0	7.9	11.1	18.7	49.9
Your life as a student	2.7	1.6	1.5	3.2	4.6	10.5	7.6	10.1	14.0	15.8	28.3
The area where you live	1.5	1.1	1.3	1.2	1.5	5.5	4.6	6.9	12.5	18.3	45.7
The way that you look	2.3	.7	1.6	2.4	2.9	4.8	4.3	6.9	10.1	14.9	49.0

Most of all, children (10yo and 12yo) are satisfied with *The people they live with* (89.2%) and *Friends* (87.6%), least of all children are satisfied with *Their life as a student* (68.2%) - scored a 7 out of 10 or more. Only 28.3% of children are very satisfied (a 10 out of 10) with their life as a student.

CW-PNAS (Children's Worlds Positive and Negative Affects Scale) - 6 items measuring affective subjective well-being: positive and negative affect (based on Barrett & Russell, 1998)

Table 28. CW-PNAS items (10 & 12 year old) (%)

Last two weeks: How often feeling	0	1	2	3	4	5	6	7	8	9	10
Happy	.7	1.1	.6	1.8	2.5	5.5	5.2	6.7	11.7	14.0	50.1
Calm	2.4	1.7	2.4	2.7	4.0	7.8	8.1	9.1	11.1	14.6	36.1
Full of energy	3.7	2.2	2.8	2.7	3.3	6.5	5.3	7.6	9.4	13.8	42.5
Sad	14.4	10.7	12.0	11.5	6.9	10.3	6.7	6.5	5.0	7.0	8.9
Stressed	26.7	11.4	7.5	6.6	5.6	8.4	6.2	5.8	5.2	5.9	10.8
Bored	18.0	7.9	7.1	9.6	6.6	9.6	5.4	6.8	6.6	6.1	16.3

The items measuring positive and negative affect have the following results. 50% reports to be very happy (a 10 out of 10) and 82.51% - happy (scored a 7 out of 10 or more).

Almost a third of children experience boredom and stress: 27.8% feel stressed and 35.8 % - bored last two weeks (scored a 7 out of 10 or more). «I'm bored» - a phrase that every modern parent perhaps hears.

CW-PSWBS (Children's Worlds Psychological Subjective Well-Being Scale)-

Table 29. CW-PSWBS items (%) (12 year old only)

How much you agree with	0	1	2	3	4	5	6	7	8	9	10
I like being the way I am	4.2	1.3	1.6	2.8	3.3	7.1	4.5	8.1	10.7	11.9	44.5
I am good at managing my daily responsibilities	1.2	1.9	2.3	2.8	4.1	6.9	5.6	7.4	10.8	17.1	39.7
People are generally pretty friendly towards me	2.8	0.9	1.9	2.8	3.2	6.1	7.2	9.3	10.8	18.7	36.3
I have enough choice about how I spend my time	2.1	1.5	1.6	1.5	3.6	7.9	5.0	9.4	12.0	13.6	41.8
I feel that I am learning a lot at the moment	3.4	1.6	1.0	1.3	4.5	8.4	5.6	8.4	12.2	13.6	39.9
I feel positive about my future	4.3	1.5	0.8	1.7	2.1	6.2	5.0	7.6	11.2	14.3	45.3

The 12 year olds were asked about their psychological subjective well-being. A 10 out of 10 scored from 36.3% to 45.3% of 12 year olds. 78.4% of children feel positive about their future (scored a 7 out of 10 or more).

2.10 Children perceptions about their country

Table 30. Children's rights (%)

		10-year-olds	12-year-olds	Total
I know what rights children have	No	4.9	3.6	4.3
	Not sure	29.9	21.0	25.4
	Yes	65.3	75.4	70.3
	Total	100.0	100.0	100.0
I know about the UN Convention on the Rights of the Child	No	20.4	18.1	19.2
	Not sure	49.2	37.0	43.1
	Yes	30.4	44.9	37.7
	Total	100.0	100.0	100.0

The table shows that most of the children knows what rights they have (70.3%). 4.3% does not know what rights they have, 25.4% are not sure.

The knowledge about the UN Convention on the Rights of the Child is less optimistic: only 37.7% reports to know about the convention, 43.1% is not sure about it and 19.2% of the children say they don't know anything about it.

3. Conclusions

The overall picture which emerges from Russian (Tyumen region) children's evaluations of their lives and well-being is a positive one. Children in Tyumen region report to be (very) satisfied and happy with their overall life, and about different aspects of their lives. They are satisfied with the house they live in, the relationships with people they live with, their friends. When assessing the indicators of satisfaction with friends, we did not observe any statistically significant differences between children aged 10- and 12-years-old. The children have a lot of material things and are satisfied with the things they have. 94.1% of all children have mobile phone. 85.3% of the children have pocket money.

97.3% of children (10yo and 12yo) live with their families and the majority of children report to be very satisfied with the people they live with (89.2%). However children reports that parents not always listen to them and take what they say into account. According to our further studies of the results family satisfaction has the greatest impact on overall life satisfaction; the level of subjective well-being depends on satisfaction with the school in children who are 10-year-old, for a 12-year-old adolescent the most significant predictor of SWB and overall life satisfaction (OLS) is satisfaction with the family relationships. In children of both age groups OLS and the level of SWB most strongly correlate with the indicator of family satisfaction: "My parents listen to me and take what I say into account". The interviewed children rated the indicator "My parents and I make decisions about my life together" as the lowest.

Not all children have comfortable living conditions: only 57.1% has their own room, 16% have no quiet place to study. At the same time 13.4% of 10 year old children and 22.8% of 12 year old children often or always worry about how much money their family has.

Children do not feel safe. Only 61.4% of 10 year olds and 12 year olds reports that they feel safe when they walk, 65.3% feel safe at school.

Children of both age groups rate satisfaction with the family and friends higher than satisfaction with school. Just over half of the children (totally) agree that their teachers care about them, listen to the children and take what they say into account. Children rate school knowledge more highly than their life as a student and their classmates. Only 28.3% of children are very satisfied (a 10 out of 10) with their life as a student. About one third of the children say that there are a lot of arguments between children in their class (32.1%). 37.6% of children reports to be hit at least once in the last month, 54.6% say they have been called unkind names and 44.1% says they were left out at least once during the last month.

The study revealed an urgent problem of our time - almost a third of children experience boredom (35.8 %) and stress (27.8%) last two weeks.

Nevertheless, it should be noted that in general the study has quite optimistic results. 78.4% of 12 year olds feel positive about their future. Most of the children knows what rights they have (70.3%). 90.6% of the 10 year olds and 12 year olds are satisfied with their life as a whole.

The Report presents the results of a study of the subjective well-being of children in the Tyumen region. Over the past years, the Tyumen region has been acknowledged a leader in the country in terms of living standards and quality of life. Accordingly, the results of the presented research cannot be considered as the picture of subjective well-being throughout the whole country, but only describe a separate region, though one of the largest ones.